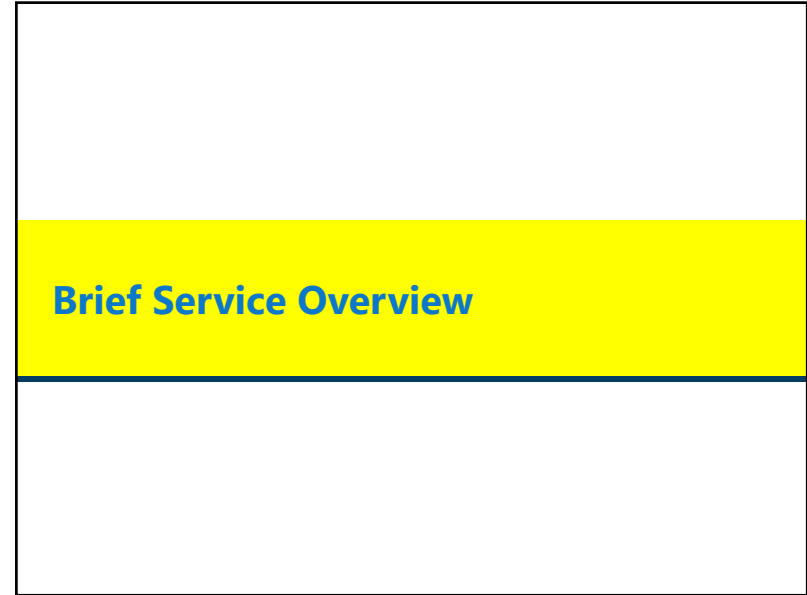




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What We Do

The Lisbon-Mount Vernon Ambulance Service (LMVAS) provides emergency medical services over a 150 square mile area, serving a population of more than 8,000 – including Cornell College.

The service operates two fully-equipped ambulances and a paramedic quick response vehicle. LMVAS is currently licensed by the State of Iowa at the EMT-P level - minimal staffing with critical care service endorsement. We have been in continuous operation since July 1974, and answered 992 requests in 2023.

3

Mission & Vision

Our Mission
 To provide professional and community-oriented emergency medical services to the communities of Lisbon and Mt. Vernon and surrounding areas.

Our Vision
 To be a leader in EMS excellence and maintain public trust through the delivery of professional, compassionate care to those we serve.

4

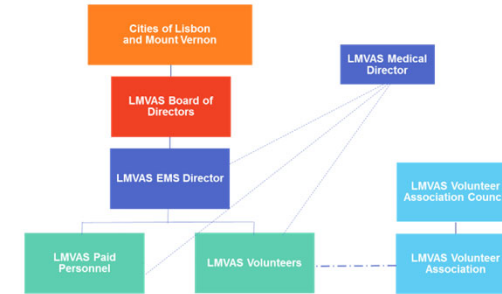
History & Structure



- **Established:** 1973, Operations started July 1974.
- **Organization Type:** 501(c)(3) non-profit organization (2018).
- **Ownership:** Cities of Lisbon and Mount Vernon
- **Operational Management:** EMS Director
- **Financial Management:** Board of Directors
 - Annually, four individuals are appointed by each city and one volunteer is appointed by volunteer membership
- **2023 Board of Directors:**

<i>Lisbon</i>	<i>Mount Vernon</i>	<i>Volunteers</i>
– Julie Light	– Derek Boren	– Patrick Strauch
– Brian Courtney	– Michelle Omar	
– Jeff Silver	– Lori Lynch	
– Nikki Sporrer	– Doug Shannon	

5



Organizational Chart

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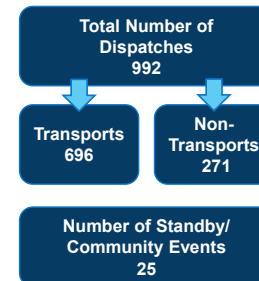
Service Members



- **Medical Director:** Dr. Anthony Carter
- **EMS Director:** Jake Lindauer, CCP (Full Time)
- **Total Members:** 34 (as of 03/06/2024)
 - Paid on Call – 31
 - Part Time – 2
 - Full Time - 1
- Certifications
 - Driver - 4
 - EMT - 10
 - AEMT - 12
 - Paramedic - 2
 - Critical Care - 6
- Residence
 - Mount Vernon - 12
 - Lisbon - 9
 - Cornell - 4
 - Out of Town - 9

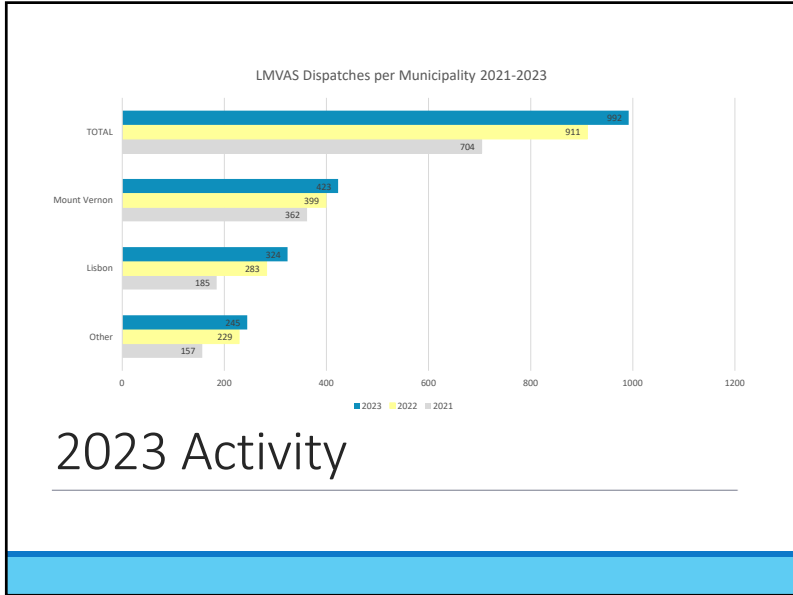
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2023 Activity

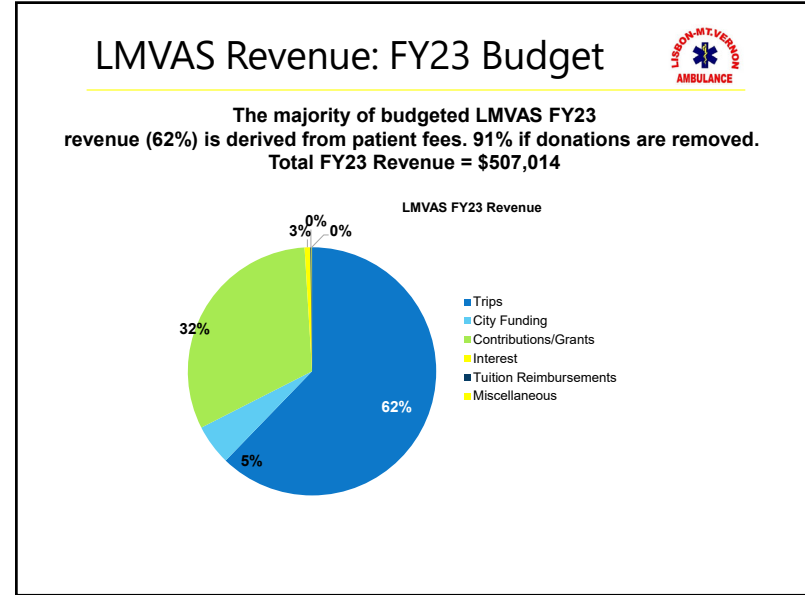


- **Time from first page to enroute:**
 - 6 minutes (median)
 - 9 minutes (90%)
- **Time from enroute to arrival on scene:**
 - 3 minutes (median)
 - 8 minutes (90%)
- **Time from first page to arrival at scene:**
 - 10 minutes (median)
 - 15 Minutes (90%)
- **Primary Unit Responses:** 715 (0)
- **Back Up Unit Responses:** 64 (0)
- **3rd Unit Needs:** 4 (1)
- **Paramedic Tier:** 90 (2)
- **Transfer Crew:** 94 (18)
- **Standby Crew:** 25

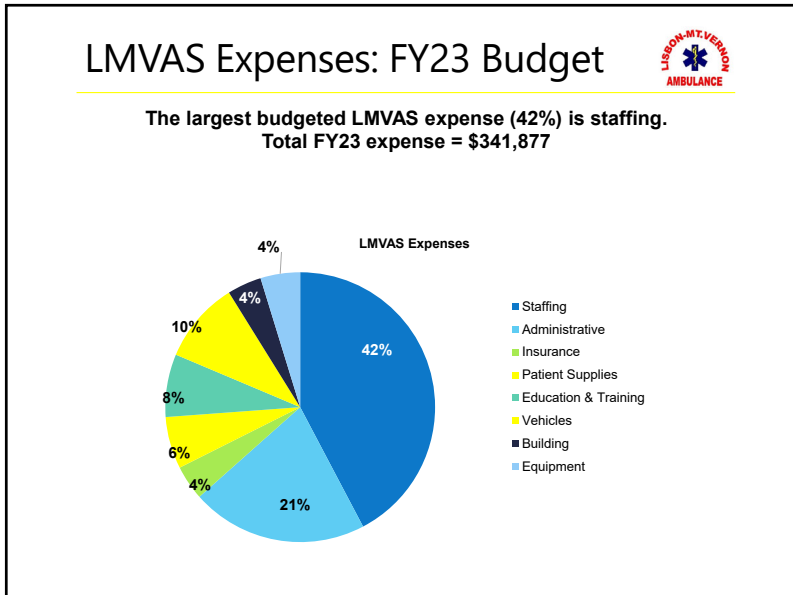
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10



11

LMVAS Patient Billing:

“You bill patients, so you should be able to be self-sustaining.”

- Due to reimbursement restrictions on Medicare and Medicaid, we are not able to adequately re-coop costs from calls. Sometimes we are even losing money on a 911 call.

LMVAS Rates

- BLS Call = \$850.00
- ALS Call = \$1000.00
- ALS 2 Call = \$1,200.00
- Mileage = \$18.00/mile
- “Typical” Bill = \$1,324.00

Medicare Rates:





- BLS Call = \$372.73 (44%)
- ALS Call = \$442.61 (44%)
- ALS 2 Call = \$646.91 (54%)
- Mileage = \$8.02/mile (45%)
- Typical Recovery - \$586.97

Iowa Medicaid Rates:

- BLS Call = 114.30 (13%)
- ALS Call = 127.01 (13%)
- ALS 2 Call = 232.84 (19%)
- Mileage = 2.61/mile (15%)
- Typical Recovery – \$173.99


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Financial Planning

-  A comprehensive Capital Plan was not in place until 2020 to consider vehicle, equipment, and building capital expenses.
-  In FY 2024 \$340,000.00 of vehicles were ordered, with \$72,000 being due this fiscal year.
-  Over the next 7 years, LMVAS plans to campaign and fund an approximately 2.5 - 3 million dollar building project, to include the addition of a third ambulance.
-  LMVAS is exploring opportunities to become a fully hybrid agency utilizing our flexible staffing model.

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Initiatives



Planning for increased call volume






- Flexible staffing model
 - Paramedic response in SUV
 - Volunteer response in ambulance
- Space for growing needs
 - Community and service training
 - Addition of vehicles & equipment
 - Spaces to help recruit additional volunteer members
- Improving community resiliency and public health
 - Using run data to guide public education opportunities
 - Creating a "ready to respond" community

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Strategic Plan FY24-FY29

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Strategic Plan Goals

-  Provide consistent high-quality care to our communities and surrounding areas through innovative strategies for the greater health of the community.
-  Continue to bolster recruitment and retention through cutting edge medical care, education, mentorship, and recognition.
-  Develop a sustainable EMS model involving diversified revenue, partnerships, and community support to provide operational and ongoing success.
-  Ensure the uninterrupted continuation of the organization while planning for an appropriate level of career staffing and volunteer participation.
-  Become a training leader to members and other EMS agencies as well as the communities we serve.

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Ensure clinical guidelines are consistent with current best practices.



Continue to offer high-quality education and up-to-date materials and equipment to members.




Achieve consistent staffing levels of advanced level providers.




Ensure consistent high-quality care through regular continuous quality improvement (CQI).

Goal 1:
Provide consistent high-quality care to our communities and surrounding areas through innovative strategies for the greater health of the community.


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Increase longevity of members through meaningful and consistent recognition.




Support members through consistent and comprehensive orientation.




Create and maintain a culture of support.




Increase buy-in and retention of long-term volunteers.



Continue strategic recruitment practices.



Promote staff interaction through social events.



Improve volunteer spaces/accommodations.

Goal 2:
Continue to bolster recruitment and retention through cutting edge medical care, education, mentorship, and recognition.

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Explore meaningful partnerships with local healthcare organizations and EMS partners.



Develop consistent and sustainable revenue streams.



Strengthen current fundraising efforts.



Secure funding for capital needs (building, equipment, etc.).




Provide opportunities for the community to engage with the service.




Develop informed spokespeople for the service and for EMS across the state.

Goal 3:
Develop a sustainable EMS model involving diversified revenue, partnerships, and community support to provide operational and ongoing success.

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Plan for service continuity of operations.



Explore and articulate roles as staffing evolves.

Goal 4:
Ensure the uninterrupted continuation of the organization while planning for an appropriate level of career staffing and volunteer participation.

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-  Evaluate and improve community health literacy.
-  Provide consistent and meaningful education opportunities via varying methods and topics.
-  Offer local certification classes for and with local busine
-  Evaluate funding and space needs to provide adequate training opportunities for large groups.

Goal 5:
 Become a regional training leader to members and other EMS agencies as well as the communities we serve.

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Thank You for your Support!






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Become a Volunteer!

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Become a Volunteer



LMVAS is seeking volunteer members to provide prehospital care to residents of the communities of Lisbon, Mount Vernon and surrounding areas. We accept members in a variety of roles:

- **Drivers** (valid driver's license in good standing and CPR certification required; training provided)
- **Certified patient care providers** (e.g., EMRs, EMTs, AEMTs, Paramedics, Nurses)
- College students who seek **direct patient care experience**

There are two levels of membership – full-time member and associate member.

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Become a Volunteer



Full-Time Member

Volunteer Benefits

- Patient care and volunteer experience
- Stipend: \$1 per hour on-call; Call pay when called in.
- Death and Disability Insurance
- Monthly education opportunities
- Voting member of LMAS Volunteer Association
- EMS certification courses (as available) – tuition assistance offered in exchange for minimum volunteer service commitment

Volunteer Commitment

- Mandatory orientation and ongoing education that sets you up for success as a volunteer service member
- 36 hours monthly on-call time required
- Maintain CPR and current certifications (if applicable)

Sleeping quarters are available for out-of-town volunteers.

Associate Member

Volunteer Benefits

- Patient care and volunteer experience
- Stipend: \$1 per hour on-call & Call pay when called in. Death and Disability Insurance
- Monthly education opportunities
- Voting member of the LMAS Volunteer Association

Volunteer Commitment

- Mandatory orientation and ongoing education that sets you up for success as a volunteer service member
- 12 hours monthly on-call time required
- Maintain CPR and current certifications (if applicable)

Volunteer Commitment



- **Minimum number of annual on-call hours per full-time volunteer: 432**
 - Does not include time spent on trainings and meetings
- **Number of hours covered by LMAS: 8,760 x3**

Volunteers Provide a Significant Benefit to the Community		
	National Volunteer \$ Value/Hour*	Volunteer \$ Value/Year (minimum)
Per Volunteer	\$28.54*	\$12,329.28
\$12,329.28 x 35 Volunteers = \$431,524.8 \$750,031.20 Annual Volunteer Staffing Value		

*Source: Independent Sector, 2022